



# PRODYNAMICS

BASKETBALL TRAINING



## JUNIOR DYNAMOS

RISING STARS



This program is designed for young players who are new to Basketball, not of age to play Club competition or want to learn more. Using fun and interactive drills, players develop the ability and knowledge of the game in preparation to playing structured basketball.

**Ages: 6 – 8 Years**

**Commences: Friday 3rd Feb**

**Time: 3.30pm –4.30pm**

**Duration: 8 Weeks**



## JUNIOR DYNAMOS

NEXT LEVEL



This program is available for players aged between 9 – 13. Next Level supports new players by giving them a learning pathway to club basketball, and existing players the opportunity to take the next step, using more complex drills to develop their skill set.

**Ages: 9 – 13 Years**

**Commences: Friday 3rd Feb**

**Time: 4.30pm –5.30pm**

**Duration: 8 Weeks**

Scan the QR Code to book or at  
<https://www.trybooking.com/1011652>